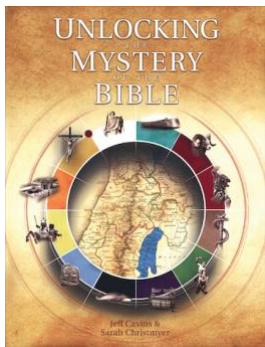


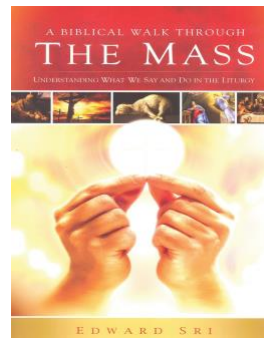


ROMAN CATHOLIC
DIOCESE OF CLOYNE

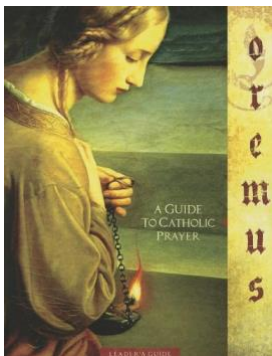
Faith Formation Programmes Recommended for use at Parish and Deanery Level



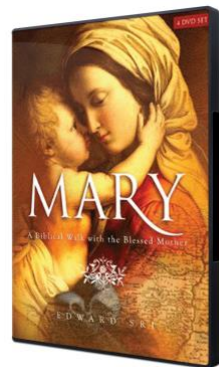
Unlocking the Mystery of the Bible: An 8-session bible study explaining the overall “story” of the Bible – it seeks to make the complex simple, and to make the Bible a daily companion.



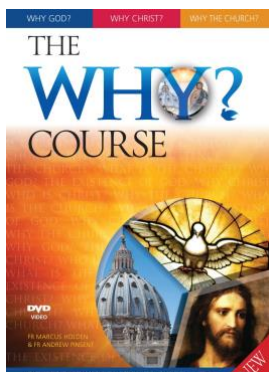
A Biblical Walk Through the Mass: A 5-session study of the biblical roots of the words and gestures we experience at Mass, explaining their profound significance and meaning.



Oremus: A Guide to Catholic Prayer. An 8-session study on the essentials of an effective and fruitful prayer life. In our lives, prayer is seen as a luxury, when in reality it is at the foundation of a healthy spiritual life.



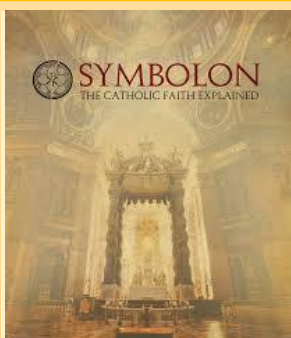
Mary: A Biblical Walk with the Blessed Mother. An 8-session Bible Study that introduces the Blessed Mother. It shows how Scripture, history and Jewish culture reveal the sorrows, anxieties, and joys Mary would have felt in her heart.



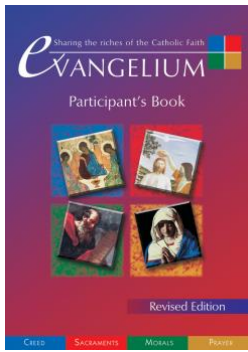
The Why? Course: A 3-part introduction to the Catholic Faith addressing Catholic answers to the big questions: Why God? Why Christ? Why the Church?



An Introduction to the Theology of the Body. Discovering the Master Plan for your Life. An 8-part study designed to give adults a solid understanding of God’s plan for human sexuality. Based on the wonder of love proclaimed by Pope St John Paul II.



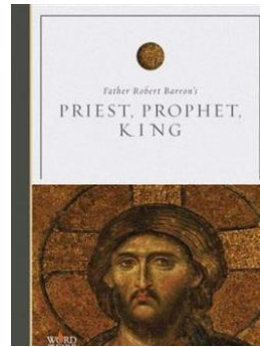
Symbolon: The Catholic Faith Explained. A 20-session programme divided in two parts. **Symbolon – Knowing the Faith** (Episodes 1-10) journeys through the core teachings of the Catholic Church. **Symbolon – Living the Faith** (Episodes 11-20) focuses on our encounter with God in the sacraments and moral life. While we might be familiar with different aspects of the Catholic Faith, **Symbolon** opens up the “big picture” of the Catholic Faith in a way that helps us know it, live it and articulate it to others.



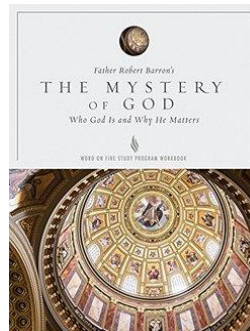
Evangelium: An easy-to-use resource which enables parishes run courses on the Catholic Faith for adults and older teenagers. It offers an excellent grounding in the full panorama of Catholic teaching, culture and liturgy.



Conversion: Following the Call of Christ. A study of 6 biblical figures whose lives changed in response to God's call. Learn how to discern God's call, and how to overcome the obstacles we often put in the way of answering God's call to conversion of life.

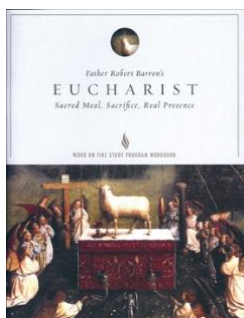
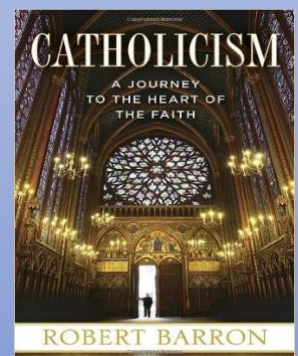


Priest, Prophet, King. A 6-part introduction to Jesus Christ. In coming to know him more personally, people can better introduce him to others. Jesus is a living divine person who lived a real human life.



The Mystery of God: Who God is and Why He Matters. A 6-session study in which you'll uncover a clear yet sophisticated understanding of what we mean by "God." Learn how to respond to the cultural dilemma of atheism by coming to know the powerful arguments for God's existence.

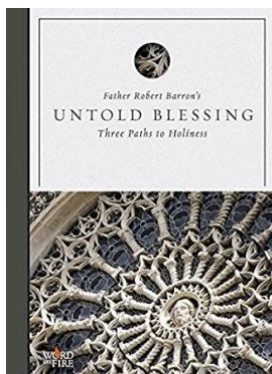
Catholicism: A Journey to the Heart of the Faith. In 10 episodes, *Catholicism* presents the truth and beauty of the faith so that all may discover for themselves the Truth and Beauty of the Lord. The visual presentation of the individual lessons is a stunning exposition of the universal nature of the Catholic Faith. *Catholicism* is a global yet intimate journey, capturing "The Catholic Thing" in all its depth and beauty. It is faithful to timeless truths while simultaneously presenting them in the language of contemporary life.



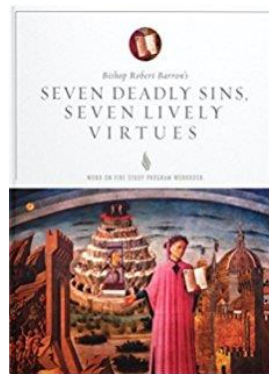
Eucharist: Sacred Meal, Sacrifice, Real Presence. A 6-part look at the "source and summit" of the Catholic Faith, the Eucharist. The Eucharist is explored as sacred meal, the sacrifice necessary for communion with God, and most importantly, the Real Presence of Jesus.



David the King: A 6-part bible study of David, a shepherd boy who was anointed King of Israel. The Scriptures foretold a son of David who would reign as King forever. This was Jesus who would realise the fullness of God's kingdom in his very person.



Untold Blessing – Three Paths to Holiness. A 6-part study exploring the teaching that every baptised person without exception is called to holiness. Three paths to achieve this are described: *Finding the Centre in Christ; Knowing you are a sinner; Realising life is not about you.*



Seven Deadly Sins/ Seven Lively Virtues. An 8-part study of human virtue and vice and the patterns of dysfunction that lead human beings to unhappiness. A conscious focus on virtue can counteract these sinful patterns within us.



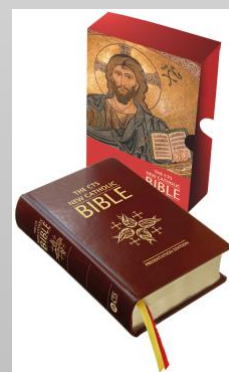
Baptism in the Family of God: A parish programme designed to provide parents with an incredible encounter with Jesus and with the Church. This program seeks to prepare parents to have their children baptised and to win over their hearts at this important time in their lives. Parents will learn what it means to be children of God and that in the Church, they will always have a place where they belong.



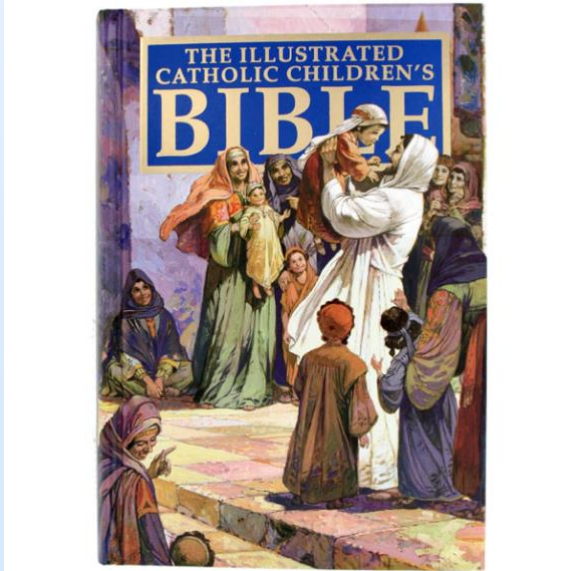
Joy-Filled Marriage: Helps prepare engaged couples to embrace God's plan for the sacrament of matrimony. It offers a comprehensive approach to marriage preparation that covers not only the sacramentality and theology of marriage, but the practical life skills necessary to live out the rich Catholic vision of marriage.

Bible for Adults

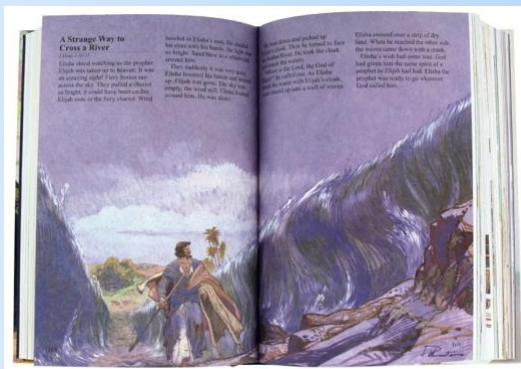
The CTS New Catholic Bible: The Bible has been translated many times into English. The biblical translations used in the Roman Catholic liturgy in Ireland are *The Jerusalem Bible* and the *Grail Psalter*. The ideal situation would be to pray from a Bible containing this translation as it is the same one used in liturgical celebrations in Irish parishes. The *CTS New Catholic Bible* contains these particular translations. We would therefore recommend using this Bible. The Bible from which the Sacred Scripture is proclaimed should always be treated with the greatest reverence and respect.



Bible for Children and Younger Teenagers

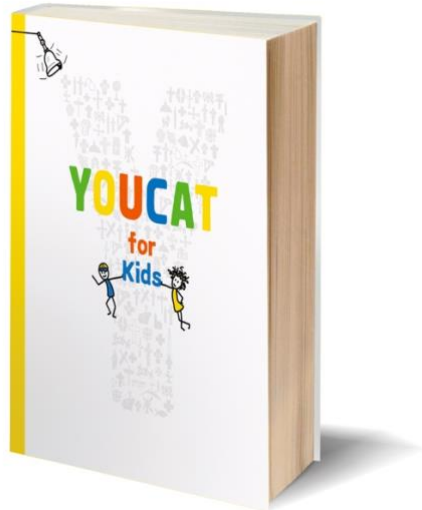


The *Illustrated Catholic Children's Bible* prepared by Anne de Graff is a beautifully presented publication from *Regina Press (New York)*. It is specifically aimed at children from 9 years and over. It may be a little sophisticated for younger children to read on their own, but by reading it together with your child, they will grow into their Bible and grow to cherish it and their memories of reading it with you.



YOUCAT for Kids

After many years, there is finally a brilliant Catechism for children and parents which both can do together.



It contains numerous child friendly and engaging illustrations.



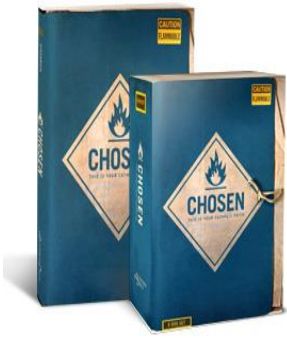
It is also interesting for adults
... with readable language
... background information for adults on each page
... very suitable for preparation for First Communion

For more information, see

<https://www.youcat.org/products/youcat-for-kids#book/>

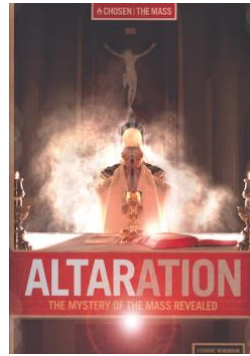
It is available in *Veritas*, other religious bookshops and online

For Teens and Young Adults



Chosen: This Is Your Catholic Faith.

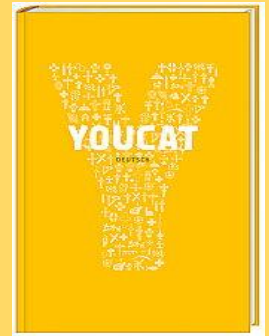
This 24-lesson programme takes Teens and young adults on a journey through the entire Catholic Faith in all its richness. From the story of Creation all the way through salvation history, they come to see how the sacraments, prayer, and discipleship are the keys to a happy life.



Altaration: The Mystery of the Mass Revealed. A 5-session presentation of the Mass for Teens. *Altaration* is designed to stir thought, create conversation, dispel myths, and inspire young souls to a deep and lasting love for the Mass.

Two Local Diocesan Programs

YOUCAT Companion: A 20-session group study of the Catholic Faith guided by *YOUCAT* (Youth Catechism of the Catholic Church). More and more today, Irish adults of all ages are finding themselves part of a growing group of people who want to become familiar with the Catholic Faith in a contemporary format and language. *YOUCAT Companion* is one solution to this new situation. It is an exciting local initiative. Contact the Diocesan Coordinator: Fr Sean Corkery (Tel: 086 2420240).



CATECHISM OF THE CATHOLIC CHURCH



The CTS Definitive & Complete Edition

Adult Studies in the Catechism:

A 72-session formation program run by the diocese central locations. In a brilliant collaboration between laity and clergy, study groups are steadily working through the rich content of the Catechism of the Catholic Church. It is bearing many graces for its participants, their families and their parishes. See www.catechism.ie

Contact the Diocesan Coordinator: Fr Sean Corkery (Tel: 086 2420240).

If you have any further queries on any of these materials, contact us on cloynenewevangelisation@gmail.com or on 086 2420240

Sourcing Faith Formation Programs

Naturally you are free to source materials in the most viable economic way possible. Please note that most programmes come with materials for group leaders in addition to student workbooks. Sourcing overseas materials can be very expensive. Therefore the following information may be of assistance.

- **Veritas Bookshop** – Advance pre-ordering recommended and usually required. Cork store: (021) 425 1255; Dublin: (01) 878 8177
- **Living Church Office, Down and Connor.** Address: Good Shepherd Centre, 511 Oremeau Road, Belfast, BT7 3GS. Tel: 00 44 (0)28 9069 0920; Email: livingchurch@downandconnor.org
The Living Church Office normally supply the following: *Unlocking the Mystery of the Bible*; *A Biblical Walk through the Mass*; *Mary: A Biblical Walk with the Blessed Mother*; *Oremus: A Guide to Catholic Prayer*; *Theology of the Body*; *Altaration*; *Chosen*.
- **Catholic Truth Society.** Address: 42-46 Harleyford Road, London, SE11 5AY, England. Telephone: 00 44 20 7640 0042; Email: orders@ctsbooks.org
The Catholic Truth Society has many resources. They normally supply *The Why? Course*; and *Evangelium*. Website: www.ctsbooks.org
- **Word on Fire (Europe Store).** The resources by Bishop Robert Barron and his team are available through the European Store. The wide variety of resources can be seen on the Word on Fire website: europe.wordonfire.org
The Word on Fire Resources include *Catholicism: A Journey to the Heart of the Faith*; *Priest, Prophet, King*; *Conversion: Following the Call of Christ*; *The Mystery of God: Who God is and Why He Matters*; *Eucharist: Sacred Meal, Sacrifice, Real Presence*; *David the King*; *Untold Blessing: Three Pillars to Holiness*; *Seven Deadly Sins/ Seven Lively Virtues*.
- **St. Pauls Distribution by Westminster Cathedral.** Address: Dr. Christopher Shell c/o St. Pauls Distribution by Westminster Cathedral, Morpeth Terrace, London, SW1P 1EP, ENGLAND. Tel. 00 44 (0) 207 828 5582. Email: sales@stpauls.org.uk
St Paul's are helpful to Irish Parishes looking for Faith Formation Materials. Check out their website: www.stpauls.org.uk
- Direct purchases from America can be expensive but not impossible. For information on **Ascension Press** materials, check out the vast array of resources on the following website: www.ascensionpress.com
- **St Augustine Institute/ Lighthouse Media** are also worth checking out. See www.augustineinstitute.org & www.lighthousecatholicmedia.org
- Check out www.Formed.org for a lot of catholic content all in the one place. **FORMED™** is a revolutionary online gateway to the best of Catholic videos, audio talks, eBooks and movies. It is possible to take out an individual or a parish subscription.

What Now?

Pray – Plan – Prepare – Promote – Participate

1. Make **prayer** the source of inspiration for your parish programmes
2. Meet as leaders and spend time **planning** the way forward that best caters for your pastoral needs. Time spent planning is invaluable. As leaders, don't overstretch your resources. From small beginnings come great things.
3. **Preparing** well will be important as faith formation for adults may be a new idea for people. Getting the "groundwork" right (venue, schedule, format, etc.) is important.
4. **Promoting** the initiative means using every available channel (posters, flyers, parish newsletter/website, social media, personalized letter of invitation, etc.) to communicate what is going on. You may even want to target a specific group or demographic of people in your community. Personal invitation remains, without doubt, the most effective means of promotion.
5. **Participating** in adult faith formation will bring many blessings to the whole community over time and in God's time. Sharing the life of faith with others is a very rich and rewarding undertaking.

We are here to help. If you need guidance or direction, or have some queries on the way forward, please contact us on cloynenewevangelisation@gmail.com or on 086 2420240